# Test Preparation Tips

When your test day comes, you will be ready for it if you know what to expect, feel prepared, and are relaxed. Then you will be able to focus all your energy on answering the questions.

## Know the format of the test
- the number of sections in the test
- the type of content in each section
- the time allowed to complete each section
- the kinds of questions you will have to answer

When you know the format of the test, you will not have to waste time and effort trying to understand the directions or how to answer the questions. You will have confidence that you know just what to do and can focus your energy on answering the questions.

## Take practice tests
- use one as a pre-test to identify problem areas
- watch your improvement
- become accustomed to the content and format of the test

Buy a book of practice tests and take one weekly. Your first test will show you where your weakest areas are so that you can focus your study time. Regular use of practice tests also gives you a way to monitor your progress and helps you become accustomed to taking the test.

## Make a study plan
- set aside time to study
- plan how you will use your study time
- find a study buddy or study group

If you have a regular time to study and a plan for how you will use your time, you are more likely to study consistently and use your study time well. Many people find that studying for a test is easier when they do it with a friend or group of friends.

## The day before the test
- know where the test center is
- prepare the things you will take
- relax, don't study
- go to bed early

Spend the day before your test in a way that will help you arrive at the test relaxed and ready. Make sure you know where the test center is and how you will get there. Plan to arrive 15 minutes early. Gather the things you will take with you, such as personal identification, pencils, etc. Then, spend your day relaxing, and go to bed early so that you can wake up refreshed and energized for your big day.